

Personal contributions



\$120,000

You can contribute
\$120,000 a year to super,
and bring forward 3 years
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1. The contribution must be after-tax money.
2. The self-employed may be allowed a tax deduction.

From 1 July 2026 the cap rises to \$130,000 a year (\$390,000 over 3 years).

Total super
must be below
the transfer
balance cap

Must be
under age
75

Boost
retirement
savings

This is general information only and does not take into account your personal circumstances. Consult a licensed adviser before making any decision.

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